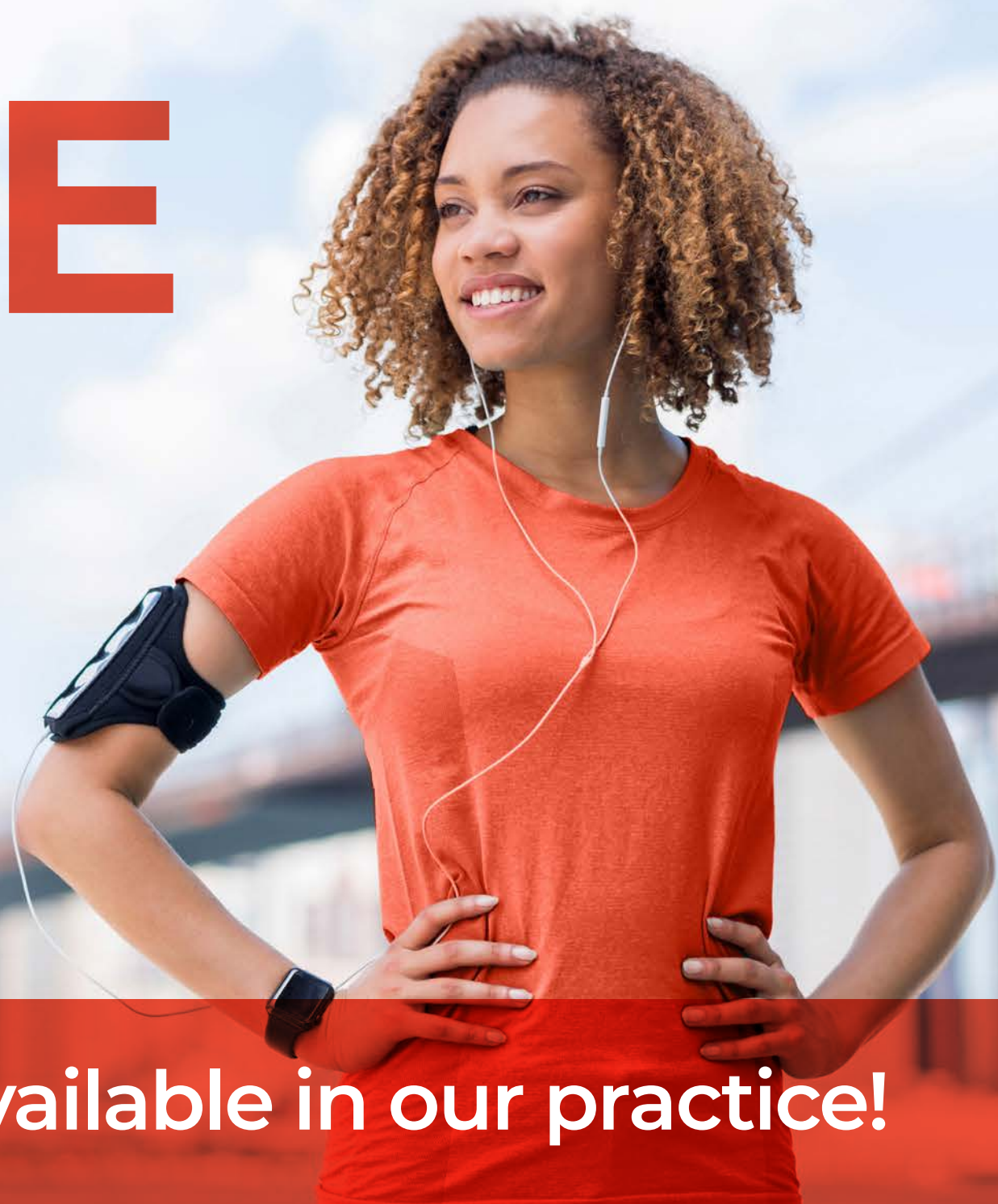


IMAGINE

a healthier life

Our TheraLight FIT full-body light therapy system is designed to elevate your wellness to a whole new level.



THERALIGHT FIT Now available in our practice!

The Healing Power of Light

Tired of feeling tired? Frustrated by lack of sleep? Aggravated by those nagging aches and pains?

Say hello to a healthier, more balanced life ... say hello to the **TheraLight FIT**, one of the most versatile full-body light therapy systems on the market. We are pleased to offer this innovative therapy option to our patients.



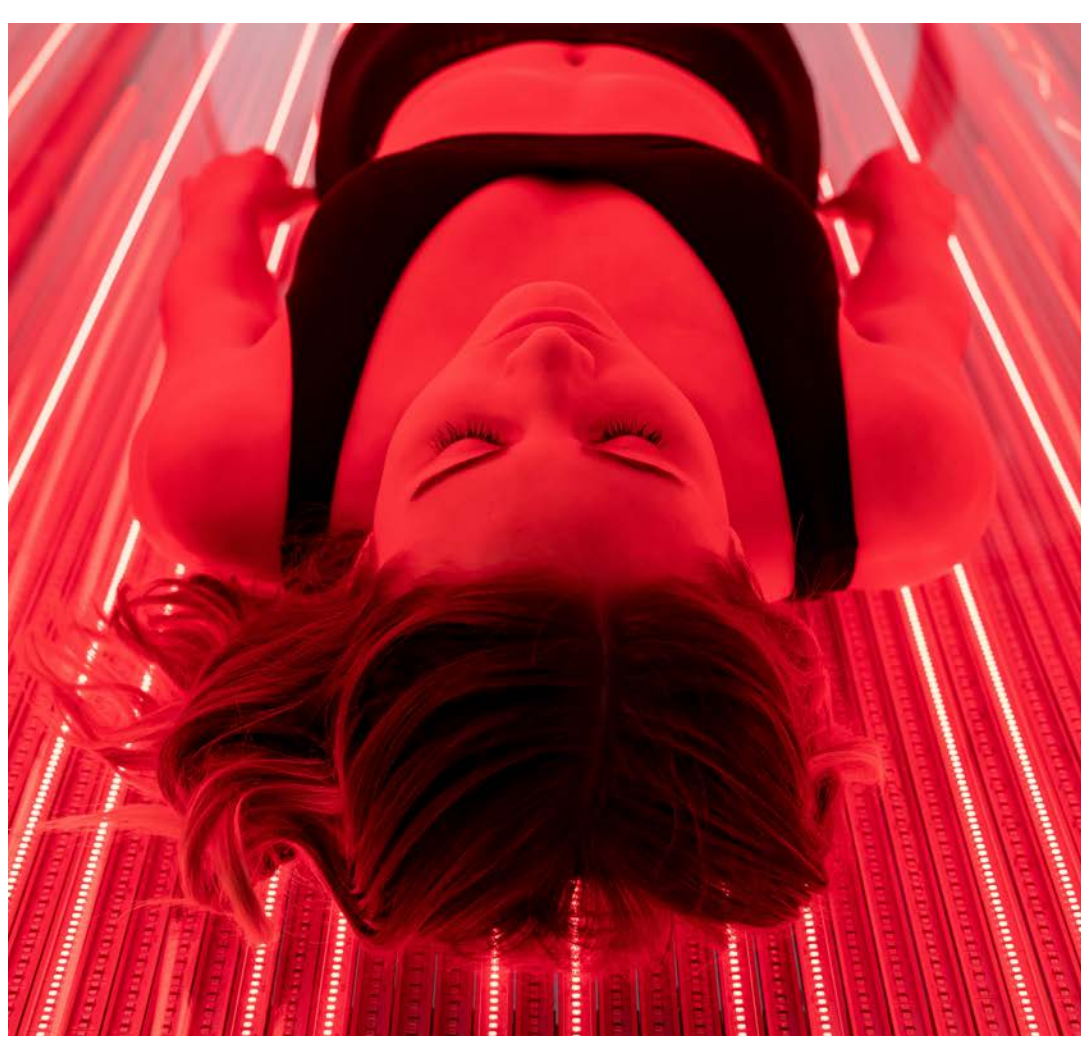
THERALIGHT THERAPY PROVIDES...

MORE ENERGY

REDUCED PAIN

BETTER SLEEP

IMPROVED MOOD



How does the TheraLight FIT work?

The primary mechanism of the TheraLight FIT is **photobiomodulation (PBM)**, which uses carefully calibrated infrared light waves to “bathe” the body with therapeutic light, stimulating cell regeneration and enhancing tissue repair. Extensive studies have demonstrated that PBM therapy can deliver profound therapeutic benefits such as:

- Expedited healing times
- Tissue strengthening
- Increased blood flow
- Enhanced immune response
- Reduced anxiety
- Improved sleep patterns

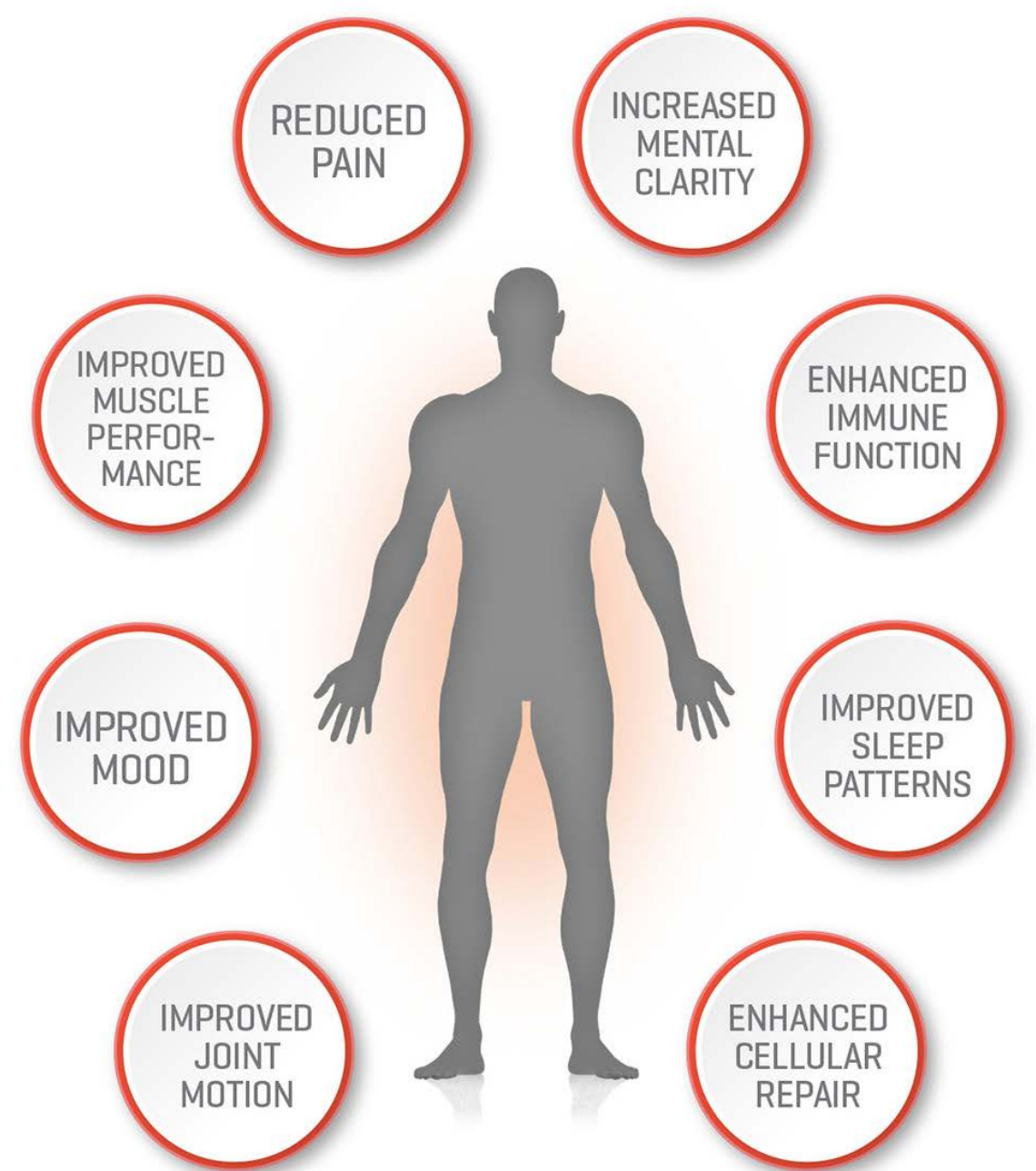
What are the benefits of the TheraLight FIT?

TheraLight FIT full-body light therapy has been clinically proven to not only reduce pain and inflammation, but to deliver therapeutic effects towards the symptoms associated with:

- Arthritis
- Tendinopathies
- Nerve pain
- Soft tissue healing
- Sleep disturbances
- Low energy levels
- Nerve regeneration
- Musculoskeletal pain
- Anxiety and depression
- Many other conditions

TheraLight FIT full-body light therapy is a totally pain-free treatment that does NOT require the use of drugs or surgery ... and there are NO dangerous side effects or risks. TheraLight FIT full-body light therapy also delivers positive outcomes more quickly than other treatment modalities.

THERAPEUTIC BENEFITS of full-body light therapy



What will I feel?

PBM Therapy does not heat tissue; it does, however, increase circulation, so a warming sensation is often experienced.

How is PBM Therapy administered?

PBM Therapy is delivered to the entire body by bathing the body with an array of LED lights inside the TheraLight FIT.

Does it get hot inside the bed?

No. The LEDs are regulated by a cooling system which keeps you comfortable.

How long does it take?

A typical session usually takes between 10–20 minutes.

How often will I need to have PBM Therapy?

We recommend three sessions per week for two weeks, then two sessions per week until goals are met. After that, we recommend one session per week for maintenance and wellness.

Are there any contraindications?

If you're pregnant, have cancer or have had an organ transplant, we advise against PBM Therapy.

BREAK FREE from pain and inflammation

Whether you're a weekend warrior or a world-class athlete, studies have shown PBM Therapy to be an effective adjunct to any fitness regimen. Trusted by athletes and amateurs alike, the TheraLight FIT is designed to benefit anyone committed to taking their personal fitness to the next level. Even after your first session, you'll begin to feel better, perform better and live better!

To learn more or to schedule your TheraLight FIT sessions, contact our clinic today!

THERALIGHT FIT
DEVELOPED BY ASPEN LASER

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